Player/Parent Contract

All student-athletes invited to be a part of a John Kimball High School team are required to live up to the KHS Statement and the rules and guidelines outlined below. Each of these standards builds upon the values of our school, and helps provide a level of personal discipline that will enable greater individual and team success. Student-athletes are accountable for upholding these standards for the duration of their interscholastic season. Thank you for taking this contract seriously and for doing your best to make this sport season a positive team experience.

Rules and Guidelines

- 1. Athletes must be in school the entire day, which is by 8:30 am on each school day. If athletes have not been in class they are ineligible to practice or participate in a contest that day. Note: Participation is permitted if the athlete has a pass from the school office stating their absence was for a driver's license test, college visit, funeral, or doctor appointment. This pass must be brought to their coach on the day of absence.
- 2. As a Kimball Athletic Community, we ask all student-athletes to treat their peers with respect in all their interactions. Hazing is in conflict with this ideal and involves activity expected of someone joining or participating in a group that humiliates, degrades, abuses or endangers them regardless of a person's willingness to participate. Hazing behavior/activity should be reported to the athletic director and will be subject to the discipline of our Kimball High Harassment Policy.

3. Kimball High Sport Experience as Discipline

As a participant of Kimball High's Athletic Program I am committed and dedicated to attend practices and games. I understand that my participation is a privilege, and not an entitlement, and I have a responsibility to my fellow teammates in preparation for the season, and even more importantly during the season.

Attendance to all practices and games, bringing consistent focus and positive effort, demonstrates your commitment to the team.

During your current Kimball High sports season, out of season participation with a Kimball High or Club/AAU team shall be approved by all coaches involved.

- * Failure to adhere to these requirements may result in disciplinary action by the coaches involved.
 - 4. Ejection from a league or non-league game will result in a one (1) game suspension.
- 5. A one (1) day suspension from school will result in one (1) game suspension, two (2) game suspensions for two (2) or more days suspended from school.
- 6. Failure to report to practice, reporting late to practice, or leaving early from practice without a valid excuse, *will be counted as an unexcused absence. Two (2) unexcused absences will result in a suspension from one (1) game. *To discern status of absence, the coach will use a note from a teacher or parent stating rationale for absence.
- **7.** Athletes will be held accountable for behaviors outside of school and at school events. The use of illegal drugs, including alcohol and tobacco, is a detriment to the user and their team. Therefore, if an athlete is found using these substances, they will be issued a two (2) game suspension and required to

participate in a drug usage recovery plan in order to continue as a team member. On the other hand, if an athlete, prior to being found using these substances comes to their coach or athletic director and initiates help to overcome such use, the athlete will not face a two (2) game suspension. They will, however, be required to stop all usage and follow a recovery plan approved by the guidance counselor, assistant principal and athletic director in order to continue game/match participation.

- **8.** All members of the team must ride the bus/van to and from all away competitions. Exceptions will be made through written parental permission and the approval of the coaching staff.
- **9. Each athlete will be responsible for any equipment/uniforms assigned to him/her.** Report cards and diplomas will be withheld until equipment/uniforms are returned.

10. Academic Requirements

Athletes must be passing at least seven subjects (quarter grades) as of each Friday during a grading period. If an athlete fails to meet this requirement, the athlete will lose his or her eligibility for the following week (Monday through Saturday).

Athletes must have passed at least seven subjects (quarter grades) by the end of a grading period. If an athlete fails to meet this requirement, the athlete will lose his or her eligibility for the first 15 school days following the issue date of a grade card.

An athlete may practice but is not eligible to play in game or match play while academically ineligible. In addition, this athlete may not miss class time for early dismissal related to a home or away contest. Last of all, an athlete who is ineligible for two or more weeks (during a season) may not attend games or practices while ineligible.

11. In-Season and Out-Of-Season Sport Participation

We encourage all physically gifted athletes to consider participating in at least two Kimball High sports.

We ask all Kimball High athletes and coaches to respect the in season sport program by not allowing outof-season activities to cause distraction or absence from in-season practices or games.

12. Team leaders will be subject to removal from their positions of leadership if found violating one or more of the previous rules and guidelines.

Sportsmanship Code of Conduct and Communication Agreement

As a Kimball High Athletic Department, we are fully committed to living out the ideals of sportsmanship while engaging the KHS athletic experience. Sportsmanship in its simplest terms means following the golden rule: "Do unto others as you would have them do unto you." It means being positive and showing respect for all involved in the sporting event.

Spectator Sportsmanship Standards

When at a KHS athletic event:

- 1) Remember that you are at a contest to support and yell for your team and to enjoy the skill and competition; not to intimidate or ridicule the other team, its fans, or the officials.
- 2) Show respect for the opposing players, coaches, spectators and support groups. Treat them as you would want "our own" treated.
- 3) Learn the rules of the game, so you can appreciate and understand why certain game judgments take place.
- 4) Respect the integrity and judgment of game officials. They are not perfect human beings, and bad calls are a part of many contests, no matter what level of competition. We ask spectators to respond to bad calls in a manner that is supportive of our student-athletes to "play on" to the next play. As a whole, bad calls do not determine the outcome of a contest.
- 5) Be a positive role model through your own actions and by speaking your disapproval to spectator behavior that is unbecoming of our sportsmanship standards as an athletic department.

Student-Athlete Sportsmanship Standards

When participating on a KHS sport team:

- discipline of your sport, and the privilege of representing our athletic department and not happened, we encourage the studentschool community through your sport.
- 2) Treat opponents the way you would like to be treated, as a quest or friend. Who better than yourself can understand and appreciate all the hard work and team effort required of your sport? Respect your opponent, in that their ability qualifies your enjoyment in winning a
- 3) Congratulate your opponent in a sincere manner following either victory or defeat.
- 4) Respect the integrity and judgment of contest officials. Bad calls are a part of many contests, no matter what level of competition. To dwell upon a bad call gives you the wrong reason for why a contest may be lost. Play through calls,

- both bad and good, and go on with the game!
- Respect the efforts of yourself, 5) teammates, and coaches. Good sportsmanship means picking self and teammates up when things do not go as planned or hoped for.
- 6) Refrain from obscene language and inappropriate actions, even when an opposing player is in the wrong. This expectation requires you to draw from your character! Your actions will live on longer than the outcome of a contest; play like you wish to be remembered!
- Play hard, play smart and play with good emotional balance so to maintain an ability to compete in a manner respectful of the game and others. Most sports involve play that is physical in nature; we expect our athletes to play a physical game that is performed within the spirit of the rules and appropriate competitive play.

Athlete-Coach Relationship

We believe that the athlete, coach, and team are empowered to bring their best performance when effective communication has occurred with what the team is striving to accomplish, and 1) Accept and understand your commitment to the roles of each participant are understood and agreed upon. When this level of communication athlete to set up a time to meet with his/her coach.

Steps of Communication and Points of Conversation for Student-Athlete

Step 1: If an athlete has conflict with a coaching decision or concern with team environment, we encourage the student-athlete to talk with their coach regarding these matters.

Step 2: If the athlete-coach conversation did not provide a satisfactory resolution, we ask the student-athlete to talk with the athletic director to discuss the situation.

Step 3: If the athlete-athletic director conversation did not provide a satisfactory

resolution, we ask parents to contact the coach or athletic director to address the situation.

Student-Athlete Points of Conversation with Coach or Athletic Director

- 1. What concerns do you have about your playing role?
- 2. What is your ideal playing role and ask your coach what you need to improve to get closer to that role?

Communication Coaches Expect From Student-Athletes

- 1. Student-athletes are expected to be at all team events. In order to maintain our "Sport as Discipline" ideal, we ask that an absence, other than illness, be an exception. A student-athlete shall make request for absence, well in advance, from practice/game.
- 2. Student-athletes are expected to report all injuries to their coach, and athletic trainer, shortly after they occur.

Communication Student-Athletes Should Expect from Their Coach

- 1. Coaching Philosophy
- 2. Rules and expectations for being a team member, in addition to KHS Player contract.
- 3. Consequences outlined for breaking team rules.
- 4. Player role defined.
- 5. Location, start and end time for all practices.
- Location, game times, bus departure times for all contests.

Parent-Coach Relationship

Parents as Partners

We believe that each parent is an important partner in the athletic experiences of our student-athletes and teams. Parent's positive and considerate support of their student-athlete, teammates, and coach go a long way in creating an environment where growth and success can be experienced. As coaches, we welcome parents to partner with us as we strive to develop the God-given abilities of each student-athlete in preparation for successful team experiences.

Parent-Coach Relationship Ideals

Our desire is to establish and cultivate a positive relationship between each parent and coach. Coaches welcome information from parents that will be helpful in understanding and coaching their student-athlete. Differences will occur as relationships evolve during the course of a season between athlete and coach, parent and coach, and parent and athlete. Our primary concern is the athlete-coach relationship. We ask for your parental support in encouraging your son/daughter to use the steps of communication outlined above when there are differences.

Parent-Coach Meeting – Issues Appropriate to Discuss

We encourage all parents to take liberty in contacting a coach regarding the following items:

- 1) Concerns related to the treatment of their child; mentally, emotionally or physically.
- 2) Ways to help their student-athlete improve as a player and team member.
- 3) Concerns about their child's behavior, and mental/emotional abilities to handle competitive athletics.
- 4) Informing the coach of learning disabilities/challenges that may be helpful in the coaching process.

5) Playing time, team strategy, play calling, or why one player is playing more than another, are coaching decisions that coaches have a professional right to discuss in only a limited way or not at all. Game/Match strategy is very subjective by nature in that there are multiple strategies a coach could choose in utilizing his/her personnel and path toward success. In other words, with multiple strategy options, a coach will never please all. With any and all discussions in this area, strive to maintain the dignity and respect for the coach and his/her role as leader of a sport team/program.

*Note: We ask that parents do not talk to a coach after a game or practice about matters that are emotionally charged and deal with conflict. Arrange for a meeting time when emotions are more settled.

Communication Parents Should Expect from Your Son/Daughter's Coach

- 1) Coaching philosophy
- 2) Location, start and end times of all practices
- 3) Location, game times, bus departure times for all contests
- 4) Team requirements, including information related to costs for team clothing
- 5) Discipline that result in denial of your son/daughter' participation

6) Team guidelines, in addition to The KHS Player Contract, set by coach

Communication Coaches Expect From Parents

- 1. Student-athletes are expected to be at all team events. In order to maintain our "Sport as Discipline" ideal, we ask that an absence, other than illness, be an exception.
- 2. Specific concern in regard to a coach's philosophy and/or expectation.
- 3. Injury or sickness information of son/daughter.

Communication Student-Athletes Should Expect from Their Coach

- 1. Coaching philosophy
- Rules and Expectations for being a team member, in addition to The KHS Player Contract
- 3. Consequences outlined for breaking team rules
- 4. Welcome and connect with student-athlete on a consistent basis
- 5. Player role outlined
- 6. Location, start and end time for all practices
- 7. Location, game times, bus departure times for all contest

Each athlete and his or her parents/guardians are asked to sign below. Your signature is an indication that you understand and are committed to the rules and guidelines contained in the player contract and code of conduct and that you agree to be held accountable for these standards.

I agree to adhere to the rules and guidelines outlined above.			
Student's Full Name (Print):	Sign:		
Parent/Guardian Signature (required):		Date:	